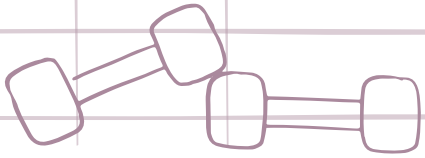
30denní výzva .....

start dne .....

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15

16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

Datum	Váha	Prsa	Pas	Boky